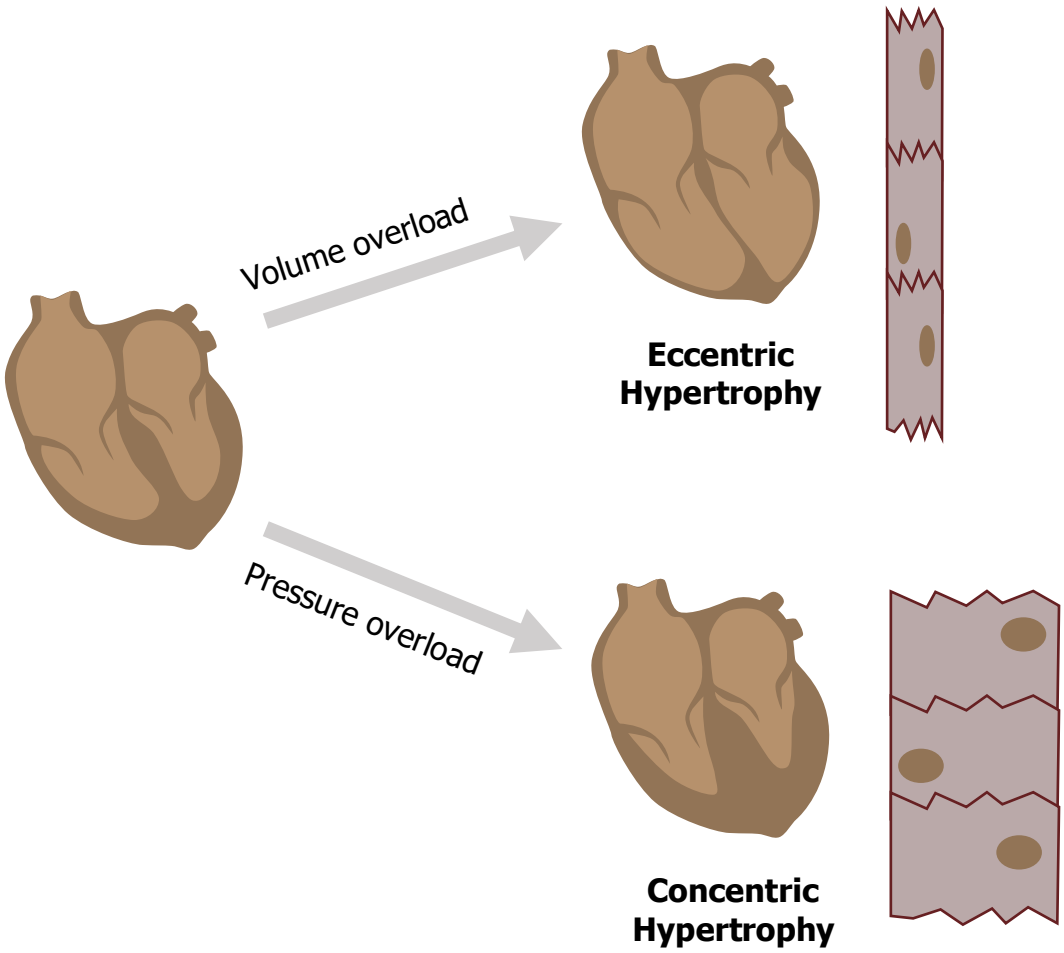
Volume overload
Eccentric Hypertrophy
Pressure overload
Concentric Hypertrophy